

## Seminar

# Organising and providing support to war displaced persons – the psychosocial dimension

8, 15 και 19 December 2022

**Babel Day Centre** invites you to a 12-hour seminar under the title "**Psychosocial support of people displaced due to war – the psychosocial dimension**" to be held on the **8th, 15th and 19th December 2022** between **09.30-13.30** at the premises of the [Greek Council for Refugees \(25, Solomou st., Exarcheia\)](#).

The seminar, which will be held in English<sup>1</sup>, is addressed to max 15 professionals and volunteers who support people who have been displaced due to the war in Ukraine and wish to integrate the psychosocial dimension into their approach and way of working.

### Topics to be developed:

1. Involuntary displacement: what it is, how it is experienced. Reactions to/consequences of involuntary displacement
2. Reception of displaced persons. What to expect, how to offer help with respect to human dignity (assessment of needs and strengths, Grid of adversity, how to get in touch and connect, respond to requests, use active listening)
3. Living with ambiguity in the context of displacement (what it means, how it is experienced, how it is linked to the feeling that a situation is/is not temporary)
4. Impact of providing support to helpers and how to deal with them (stress management, dealing with personal burden, guilt management).
5. Facing the impasse: what do we do when we think that there is nothing we can do.

### It is addressed to:

Employees (of different specialties) in providing support to people who came to Greece from Ukraine due to the war, volunteers who are active in supporting the displaced persons.

Participation in all training meetings is obligatory to complete the seminar and get the relevant "certification of participation"

### Expected results:

- ✓ In terms of *knowledge*, the seminar will offer participants the opportunity to become familiar with the principles on which psychosocial interventions in crises and disasters are based, to understand and apply the principles of humanitarian interventions, to

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<sup>1</sup> The same seminar will be held in Greek



distinguish the most appropriate interventions depending on the context, people, conditions.

- ✓ At the *competence level*, participants will be able, at the end of the seminar, to apply the above principles in practice, acting adequately individually within collective crisis relief frameworks
- ✓ At the *attitude level*, after the completion of the seminar the participants will feel safe when intervening in crisis situations in terms of providing psychosocial support.

The ambition of the seminar organizers is to continue the contact with participants through regular meetings to discuss challenges they face in their daily practice. These supervisory meetings will provide an opportunity to translate knowledge into applied skills to be used in the field.

### **Methodology:**

There will be used means such as presentation, simulations, group work, role-playing games.

Relevant educational material: [Psychological First Aid – Guide for Field Workers](#), [IASC Guidelines on MHPSS in Emergency Settings](#), [Psychosocial Dimensions of the Refugee Condition – The synergic approach](#).

### **Expression of interest:**

Those interested in participating can declare this by sending an email to [babel.trainings@gmail.com](mailto:babel.trainings@gmail.com) until **December 1st** stating the following personal information:

Full name, organization for which they work/volunteer, profession, the reason why they wish to participate in the seminar and their expectations of it. A declaration of the commitment to attend all meetings is also required.

### **Trainers**

Marianna Asimakopoulou, psychologist, Babel Day Centre  
Nikos Gionakis, psychologist, MHPSS consultant, Babel Day Centre  
Dimitra Mantzari, psychologist, MHPSS coordinator, HIAS Greece  
Sofia Tsakalou, Psychotherapist/ Social Anthropologist, HIAS Greece

### **Donor**



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